

Variable	Mean	Standard Deviation	Minimum	Maximum
Age	34.5	10.5	20	55
Gender	0.5	0.5	0	1
Marital Status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	3000	1000	1000	5000
Health	0.5	0.5	0	1
Smoking	0.2	0.4	0	1
Drinking	0.1	0.3	0	1
Exercise	0.3	0.5	0	1
Stress	0.4	0.5	0	1
Sleep	0.5	0.5	0	1
Appetite	0.5	0.5	0	1
Mood	0.5	0.5	0	1
Energy	0.5	0.5	0	1
Concentration	0.5	0.5	0	1
Memory	0.5	0.5	0	1
Emotion	0.5	0.5	0	1
Behavior	0.5	0.5	0	1
Thought	0.5	0.5	0	1
Feeling	0.5	0.5	0	1
Perception	0.5	0.5	0	1
Attention	0.5	0.5	0	1
Intuition	0.5	0.5	0	1
Imagination	0.5	0.5	0	1
Reasoning	0.5	0.5	0	1
Logic	0.5	0.5	0	1
Analysis	0.5	0.5	0	1
Synthesis	0.5	0.5	0	1
Evaluation	0.5	0.5	0	1
Comparison	0.5	0.5	0	1
Classification	0.5	0.5	0	1
Organization	0.5	0.5	0	1
Planning	0.5	0.5	0	1
Problem Solving	0.5	0.5	0	1
Decision Making	0.5	0.5	0	1
Communication	0.5	0.5	0	1
Interpersonal Skills	0.5	0.5	0	1
Teamwork	0.5	0.5	0	1
Leadership	0.5	0.5	0	1
Management	0.5	0.5	0	1
Organization Skills	0.5	0.5	0	1
Time Management	0.5	0.5	0	1
Resource Management	0.5	0.5	0	1
Conflict Resolution	0.5	0.5	0	1
Stress Management	0.5	0.5	0	1
Emotional Regulation	0.5	0.5	0	1
Self-Motivation	0.5	0.5	0	1
Goal Setting	0.5	0.5	0	1
Problem Solving Skills	0.5	0.5	0	1
Decision Making Skills	0.5	0.5	0	1
Communication Skills	0.5	0.5	0	1
Interpersonal Skills Skills	0.5	0.5	0	1
Teamwork Skills	0.5	0.5	0	1
Leadership Skills	0.5	0.5	0	1
Management Skills	0.5	0.5	0	1
Organization Skills Skills	0.5	0.5	0	1
Time Management Skills	0.5	0.5	0	1
Resource Management Skills	0.5	0.5	0	1
Conflict Resolution Skills	0.5	0.5	0	1
Stress Management Skills	0.5	0.5	0	1
Emotional Regulation Skills	0.5	0.5	0	1
Self-Motivation Skills	0.5	0.5	0	1
Goal Setting Skills	0.5	0.5	0	1
Problem Solving Skills Skills	0.5	0.5	0	1
Decision Making Skills Skills	0.5	0.5	0	1
Communication Skills Skills	0.5	0.5	0	1
Interpersonal Skills Skills Skills	0.5	0.5	0	1
Teamwork Skills Skills	0.5	0.5	0	1
Leadership Skills Skills	0.5	0.5	0	1
Management Skills Skills	0.5	0.5	0	1
Organization Skills Skills Skills	0.5	0.5	0	1
Time Management Skills Skills	0.5	0.5	0	1
Resource Management Skills Skills	0.5	0.5	0	1
Conflict Resolution Skills Skills	0.5	0.5	0	1
Stress Management Skills Skills	0.5	0.5	0	1
Emotional Regulation Skills Skills	0.5	0.5	0	1
Self-Motivation Skills Skills	0.5	0.5	0	1
Goal Setting Skills Skills	0.5	0.5	0	1
Problem Solving Skills Skills Skills	0.5	0.5	0	1
Decision Making Skills Skills Skills	0.5	0.5	0	1
Communication Skills Skills Skills	0.5	0.5	0	1
Interpersonal Skills Skills Skills Skills	0.5	0.5	0	1
Teamwork Skills Skills Skills	0.5	0.5	0	1
Leadership Skills Skills Skills	0.5	0.5	0	1
Management Skills Skills Skills	0			

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